

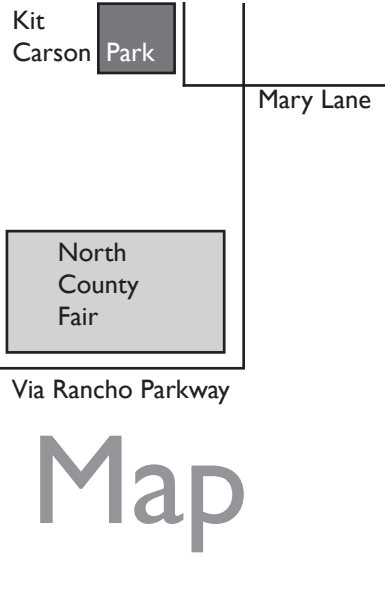
Jaguar Invitational

Friday, October 22, 2010

1. We will leave UCHS at 1:30 p.m. Be dressed and ready to go. Use the bathrooms!
2. Have a large breakfast. Eat a regular lunch. Note your race times.
3. Medals will be awarded to the individuals of the top three teams and medals to the top 20-40 individuals.
4. We should be home by 6:30 p.m.
5. Be prepared for any weather. It might be hot (Santa Ana) or rain!
6. Good luck! Race well. Give it your best. Challenge this course!

Race Times:

Boys Varsity	3:40 p.m.
Girls Varsity	4:05 p.m.
Boys F-S	4:30 p.m.
Girls JV	4:55 p.m.
Boys JV	5:20 p.m.



TOP
ALL
TIME
25

Men Top 25 Times:

1.	Riley Booker	UC	15:46	'05
2.	David Hayes	PL	16:05	'96
3.	Riley Booker	UC	16:08	'03
4.	Brad Liber	UC	16:14	'02
5.	Chris Werdenberg	PL	16:24	'94
6.	Travis Teitsch	UC	16:26	'03
7.	Rashad Pouncey	PL	16:27	'93
8.	Travis Teitsch	UC	16:28	'02
9.	Kern Huerta	UC	16:28	'01
10.	Brad Liber	UC	16:33	'01
11.	David Palm	UC	16:36	'05
12.	Kern Huerta	UC	16:37	'02
13.	Naithen Schirmer	PL	16:37	'93
14.	David Hayes	PL	16:44	'95
15.	Mac Fleet	UC	16:46	'07
16.	Mac Fleet	UC	16:50	'06
17.	Lee Baret	PL	16:51	'94
18.	Celso Fernandez	PL	16:52	'95
19.	Mark Savel	PL	16:54	'95
20.	Charles McKeown	UC	16:56	'99
21.	Sixto Aspeitia	UC	16:57	'02
22.	Mac Fleet	UC	16:59	'05
23.	Riley Booker	UC	16:59	'02
24.	Naithen Schirmer	PL	17:00	'96
25.	Kurtis Flansburg	UC	17:01	'01

Since 2006, times are considerably slower than all years previous. Coaches of teams that run the course regularly say that it is slower, up to 30-40 seconds due to varying conditions on the course. The girls course in (2007) changed slightly. There is an added 30-50 meters after the bridge on the second lower loop, which made the course times a little slower.

Women Top 25 Times:

1.	Dayna Anderson	15:25	'05
2.	Sarah Vitug	15:31	'05
3.	Sarah Vitug	15:38	'06
4.	Rebecca Bostwick	15:38	'03
5.	Jessie Ooms	15:39	'01
6.	Jessie Ooms	15:40	'02
7.	Rebecca Bostwick	15:45	'01
8.	Brooke Anderson	15:46	'04
9.	Rowena Tam	15:48	'05
10.	Rowena Tam	15:53	'04
11.	Brooke Anderson	15:59	'03
12.	Dayna Anderson	16:10	'04
13.	Sheree Shea	16:11	'06
14.	Sarah Vitug	16:11	'07
15.	Chessa Adsit-Morris	16:17	'99
16.	Sheree Shea	16:22	'07
17.	Christina Buckley	16:23	'04
18.	Lidia de Carvalho	16:24	'01
19.	Katherine Ziegler	16:31	'97
20.	Katherine Ziegler	16:32	'99
21.	Christina Buckley	16:33	'06
22.	Dayna Anderson	16:36	'03
23.	Rochelle Coulson	16:37	'05
24.	Talina Konotchick	16:39	'99
25.	Brooke Anderson	16:40	'02