

Volunteer Information

Time:

Please be at the Crohn's and Colitis Water Station by 5:30 a.m. as the streets will be closed off and the race starts early! We will be done around 12:00pm. **The event will take place rain or shine!**

Location:

Our water station is at mile 1 & 25 (we also get half marathoners at mile 12 on their way back to the finish). We will be located on the corner of Jefferson Street and Las Flores Drive. DO NOT go to the start of the race; come directly to our water station.

Parking:

Park on Las Flores and adjacent side streets. Please car pool if you are in a group, parking is only available on side streets. There are no parking lots near our location.

Directions:

Exit I-5 at Las Flores and head West.

Check In/Out:

Make sure you check in with CCFA staff when you get there, and check out when you leave. You must be checked in and out to for us to confirm your volunteer hours.

What to Bring:

Dress warmly and wear comfortable shoes! We will be there rain or shine! Bring a snack and something to drink if you wish. Do not bring any valuables, you will not need them and we don't want them to get lost. We will have CCFA shirts for our group!

What to expect:

This is an eco friendly run in Carlsbad. This being the case, we are going to keep our station as clean as possible. We will have plenty of gloves and trash bags at our station! Our water station is at mile marker 1 and 25 and we will be serving water to both the marathon and half marathon participants.

Water Station Instructions:

We will be filling the water cups only halfway and will stack them utilizing cardboard. When holding the cups, hold from the bottom so the runners and walkers can easily take them. DO NOT put your fingers inside the cups. Let's keep our water station as clean as possible. This way when the event is finished we can leave quickly and set a good example for other stations.

Let's have a lot of fun and cheer on the participants!