

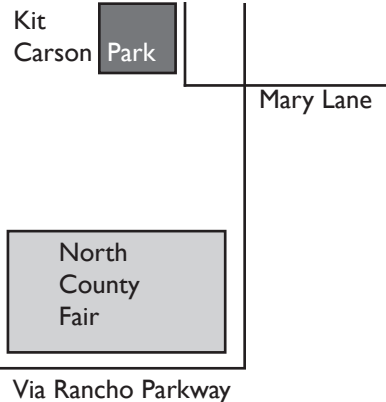
Jaguar Invitational

Friday, October 19, 2012

1. We will leave UCHS at 1:30 a.m. Be dressed and ready to go. Use the bathrooms!
2. Have a large breakfast. Eat a light lunch. Note your race times.
3. Medals will be awarded to the individuals of the top three teams and medals to the top 20-40 individuals.
4. We should be home by 6:45-7:00 p.m.
5. Be prepared for any weather. It might still be a little warm.
6. Good luck! Race well. Give it your best. Challenge this course!
7. Those of us traveling to Mt. Laguna will leave directly from the meet. Have your gear for the mountains with you.

Race Times:

Boys Varsity	3:50 p.m.
Girls Varsity	4:15 p.m.
Boys F-S	4:40 p.m.
Girls JV (I-14)	5:05 p.m.
Boys JV	5:30 p.m.
Girls JV-B (15+) NEW!	5:55 p.m.



TOP
ALL 25 TIME

15 North

Map

Men Top 25 Times:

1.	Riley Booker	UC	15:46	'05
2.	David Hayes	PL	16:05	'96
3.	Riley Booker	UC	16:08	'03
4.	Brad Liber	UC	16:14	'02
5.	Chris Werdenberg	PL	16:24	'94
6.	Travis Teitsch	UC	16:26	'03
7.	Rashad Pouncey	PL	16:27	'93
8.	Travis Teitsch	UC	16:28	'02
9.	Kern Huerta	UC	16:28	'01
10.	Brad Liber	UC	16:33	'01
11.	David Palm	UC	16:36	'05
12.	Kern Huerta	UC	16:37	'02
13.	Naithen Schirmer	PL	16:37	'93
14.	David Hayes	PL	16:44	'95
15.	Mac Fleet	UC	16:46	'07
16.	Mac Fleet	UC	16:50	'06
17.	Lee Baret	PL	16:51	'94
18.	Celso Fernandez	PL	16:52	'95
19.	Mark Savel	PL	16:54	'95
20.	Charles McKeown	UC	16:56	'99
21.	Sixto Aspeitia	UC	16:57	'02
22.	Mac Fleet	UC	16:59	'05
23.	Riley Booker	UC	16:59	'02
24.	Naithen Schirmer	PL	17:00	'96
25.	Kurtis Flansburg	UC	17:01	'01

Since 2006, times are considerably slower than all years previous. Coaches of teams that run the course regularly say that it is slower, up to 30-40 seconds due to varying conditions on the course. The girls course in (2007) changed slightly. There is an added 30-50 meters after the bridge on the second lower loop, which made the course times a little slower.

Women Top 25 Times:

1.	Dayna Anderson	15:25	'05
2.	Sarah Vitug	15:31	'05
3.	Sarah Vitug	15:38	'06
4.	Rebecca Bostwick	15:38	'03
5.	Jessie Ooms	15:39	'01
6.	Jessie Ooms	15:40	'02
7.	Rebecca Bostwick	15:45	'01
8.	Brooke Anderson	15:46	'04
9.	Rowena Tam	15:48	'05
10.	Rowena Tam	15:53	'04
11.	Brooke Anderson	15:59	'03
12.	Dayna Anderson	16:10	'04
13.	Sheree Shea	16:11	'06
14.	Sarah Vitug	16:11	'07
15.	Shelby Huffaker	16:16	'10
16.	Chessa Adsit-Morris	16:17	'99
17.	Sheree Shea	16:22	'07
18.	Christina Buckley	16:23	'04
19.	Lidia de Carvalho	16:24	'01
20.	Katherine Ziegler	16:31	'97
21.	Katherine Ziegler	16:32	'99
22.	Christina Buckley	16:33	'06
23.	Dayna Anderson	16:36	'03
24.	Rochelle Coulson	16:37	'05
25.	Talina Konotchick	16:39	'99