

Stanford University Cross Country Invitational

September 25-27, 2015

University City High School Boys & Girls Cross Country

Itinerary

Friday, September 25, 2015

- 6:00 a.m. **Meet at UCHS Front Parking Lot**
DO NOT BE LATE. WE WILL LEAVE YOU!!!
- 6:15 a.m.** Depart for Stanford precisely at 6:15. Parent Drivers
One stop for lunch TBD
- 2:15 p.m. Arrive in Mountain View
HOTEL: Residence Inn Mountain View
1854 West El Camino Real
Mountain View, CA 94040
650-940-1300
- Afternoon Easy run around hotel area
Visit University/Rodin Sculpture Garden
- 8:30 p.m. Team Dinner: *Frankie, Johnnie & Luigi, Too! (pasta/pizza)*

Saturday, September 26, 2015

- 7:30 a.m. Light jog around hotel (5 min.)
- 8:00 a.m. Breakfast in hotel
Relax: RACE DAY
- 11:00 p.m. Depart for Stanford cross country course
- 1:00 p.m. Boys Varsity Division 2 5k**
- 1:30 p.m. Girls Varsity Division 2 5k**
- 4:30 p.m. Trip to San Francisco
- Evening Sightseeing/San Francisco
- Later Dinner in the City: Bubba Gump at Fisherman's Wharf

Sunday, September 27, 2015

- 8:00 a.m. Long run at Shoreline Park
- 9:30 a.m. Breakfast at hotel
- 10:00 a.m. Check out of hotel: Depart for San Diego
- 6:30 p.m. Arrive in San Diego.** Kids need to be picked up! (So I can go home and go to bed)

What to Bring: (Please pack all of this as compactly as you can.)

- Keep your travel bag SMALL. We're not going to be gone long.
- **Racing uniform, racing shoes, racing socks (DO NOT FORGET THESE!!)**
- Toothbrush, toothpaste, etc.
- **Your best manners.** This is a school-sponsored trip, which means that anything that you do can affect your status at University City High School. There will be a strictly enforced curfew! You are also a reflection of me, which means that you will have an affect on my ability to keep my job. Let's have a lot of fun and run well.
- Bring some extra \$\$ for any additional food or other purchases that you might want to make.

\$\$\$ Matters: This trip will be funded by donations from team members, family members, and/or friends. However, to give everyone an idea of the funds that we need to raise, transportation and hotel rooms for each team member will be approximately \$175. Everyone will be required to help in the fundraising efforts, but no one will be denied access to the trip because he or she did not raise any money. Our team club account will help support the rest of the trip. Let's have a fantastic, memorable trip, and a wonderful season.