

Saturday Summer Runs 8:00AM

June 15th	Lake Hodges Escondido
June 22nd	Penasquitos Canyon East End
June 29th	Blue Sky Preserve(Valle Verde Park)
July 6th	Mission Bay Runner's Bathroom
July 13th	Lake Hodges Escondido
July 20th	Penasquitos Canyon East End
July 27th	Blue Sky Preserve(Valle Verde Park)
Aug 3rd	Mission Bay Runner's Bathroom
Aug 10th	Lake Hodges Escondido

Directions to Running Sites

Blue Sky Preserve

-15 North to Rancho Bernardo Rd(East) turns into Espola, left on Valle Verde, park is on the left

Lake Hodges

- 15 North to Via Rancho Parkway
- head east, take first right before golf range and follow to end

Mission Bay Runner's Bathroom

-exit I 5 at Clairemont Blvd, go west 1/2 block to E. Mission Bay Dr., bathroom is just south of visitor's center

Penasquitos Canyon(East End)

- go to the backside of Canyonside Park which is on Black Mountain Rd. just south of HWY 56

San Elijo Lagoon

- I 5 to Lomas Santa Fe(go west), turn right on Cedros Ave. and park at north of of train station parking lot