

Mt. Carmel Field and Distance
Mt. Carmel High School
Meet Program - Distance Events

Event 13 Girls 4x800 Meter Relay Varsity**Record: 9:36.72 3/2/2013 Torrey Pines****K O'Connell, T Casella, T Seamans, N Sorensen**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1A	Great Oak	A	
	1) Talpash, Ally 9	2) Arvizu, Victoria 9	
	3) Wallis, Audrey 11	4) Lawson, Taylor 10	
1B	Poway	A	
	1) Smith, Sophie 12	2) Schwartz, Hannah 12	
	3) Guanuna, Elena 10	4) Umsted, Kaitlyn 10	
2A	Rancho Berna	A	
	1) Akins, Nia 10	2) Voyles, Danielle 12	
	3) Sammer, Katie 12	4) Voyles, Lauren 12	
2B	El Camino	A	
	1) Rietman, Makaela 11	2) Brown, Sienna 10	
	3) DeBrosse, Sylvie 12	4) Wilson, Jourdan 10	
2C	Torrey Pines	A	
	1) Paintal, Priyanka 11	2) Williams, Jayla 10	
	3) Kaseberg, Ann Caroline 10	4) Rose, Jessica 11	
3A	Escondido	A	
	1) Parsley, Sara 12	2) Martinez, Sarah 12	
	3) Huerta, Araceli 12	4) Sparks, Laurel 10	
3B	Mt Carmel	A	
	1) Ccapatinta, Astrid 12	2) Cokas, Nika 11	
	3) Garcia, Elena 11	4) Schall, Elyssa 12	
3C	Canyon Crest	A	
	1) Erturk, Quincy 9	2) Kaplan, Ashley 12	
	3) Zhao, Michelle 10	4) King, Ali 12	
4A	Great Oak	B	
	1) Diaz-Gallegos, Tatiana 12	2) Calain, Allie 9	
	3) Groh, Kama 9	4) Pitkin, Heidi 12	
4B	Rancho Buena	A	
	1) Owen, Rylee 10	2) Rice, Whitney 10	
	3) Angelucci, Olivia 12	4) Rogo, Sydney 12	

Event 14 Boys 4x800 Meter Relay Varsity**Record: 8:06.73 3/2/2013 Mt Carmel****J Senese, M McEachern, E Sindel, D Morton**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1A	University C	A	
	1) Berard, David 10	2) Stofan, Quinn 11	
	3) Siegler, Allen 10	4) Kidman, John 10	
1B	Sage Creek	A	
	1) Prince, Beau 9	2) Klein, Dylan 9	
	3) Gallagher, Chris 9	4) Uhl, Jacob 9	
1C	Carlsbad	A	
	1) Layton, Tanner 10	2) Unger, Sean 12	
	3) Little, Ryan 11	4) Freeman, Kevin 12	
1D	Great Oak	A	
	1) Doan, Nick 11	2) Gleeson, Robbie 10	
	3) Ayala, Oscar 12	4) Salvador, Abner 12	
2A	Mt Carmel	A	
	1) Woempner, Mason 9	2) Alexander, Aaron 10	
	3) Henley, Ian 10	4) Harrison, Jared 10	
2B	Torrey Pines	A	
	1) Kuzminsky, Jack 12	2) Braude, Tal 12	
	3) Dodds, Spencer 10	4) Hutchinson, James 10	
2C	Great Oak	B	
	1) Binni, George 11	2) Sams, Nick 11	
	3) Rogers, Bryce 10	4) Lottig, Aaron 9	
2D	El Capitan	A	
	1) Roelofsz, Rick 12	2) Myers, Colt 11	
	3) Gomez, Jorge 12	4) Sellers, Ben 11	
3A	Canyon Crest	A	
	1) Goulding, Callum 12	2) Lee, John 11	
	3) Kim, Brendon 10	4) Duong, Vincent 11	
3B	Poway	A	
	1) Moehlenpah, Jaron 10	2) Hughes, Reiley 11	
	3) Nobel, Sham 11	4) Kolp, Trenton 10	
3C	University C	B	
	1) Grover, Luke 11	2) Kegler, Jay Jay 10	
	3) Selby, Tyler 11	4) Larsen, Matthew 11	
3D	Escondido	A	
	1) DeJong, Frank 11	2) Fite, Aaron 10	
	3) Jimenez, Daniel 12	4) Redding, Ben 11	
4A	Point Loma	A	
	1) Sanchez, Robert-Joseph 11	2) Duke, Matthew 12	
	3) Sedensky, Andrew 12	4) Pullum, Collin 12	
4B	El Camino	A	
	1) Murillo, Richard 12	2) Johnson, Noah 10	
	3) Hurtado, Adam 12	4) Vaughn, Cory 10	
4C	El Camino	B	
	1) Ruaburo, Chad 10	2) Marroquin, Anthony 12	
	3) Cornell, Cameron 12	4) Nava, Jordan 11	
4D	Patrick Henr	A	
	1) Salas, Nathan 12	2) Philips, Justin 12	
	3) Rios, Daniel 12	4) Atchison, Nick 11	

**Mt. Carmel Field and Distance
Mt. Carmel High School
Meet Program - Distance Events**

Event 15 Girls 1600 Meter Run Frosh

Record: 5:20.11 2011 Marina Kemper

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Mandel, Evelyn	9	Great Oak	
2	Beatty, Kiyena	9	Great Oak	
3	Calegari, Alex	9	Poway	
4	Barrett, Erica	9	Westview	
5	Learn, Kassady	9	Rancho Berna	
6	Patel, Ameya	9	Cathedral Ca	
7	Lee, Ariella	9	Poway	
8	Sovinsky, Amy	9	University C	
9	Doonan, Taylor	9	Point Loma	
10	Mammini, Lauren	9	Cathedral Ca	
11	Shreedar, Priyanka	9	Mt Carmel	
12	Moran, Laura	9	Mt Carmel	
13	Schoenfeld, Daniella	9	Serra	
14	Matyas, Brooke	9	Carlsbad	
15	Sebahar, Mackinley	9	Carlsbad	
16	Shelgosh, Taylor	9	El Camino	
17	Hayes, Anjali	9	Westview	
18	Ninkovic, Natasha	9	La Jolla	
19	Martinez, Zayda	9	Escondido	
20	Hernandez, Alex	9	El Camino	
21	Lemly, Marina	9	Rancho Berna	
22	Delzio, Molly	9	Scripps Ranc	
23	Juarez, Dominique	9	La Quinta (W	
24	Blalock, Lilah	9	Scripps Ranc	
25	Diaz, Lesly	9	La Quinta (W	
26	Phillips, Renee	9	Coronado	
27	Rippey, Jasmine	9	Coronado	

Event 16 Girls 1600 Meter Run Varsity

Record: 5:11.55 2011 Anne Charles

Lane	Name	Yr	School	Seed Time
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Section 1 of 5 Finals

1	Muna, Amanda	11	Rancho Berna	
2	McCarrick, Riley	11	Valley Cente	
3	Arias, Jilda	11	Escondido	
4	Moss, Quiana	10	Patrick Henr	
5	Cruz, Jennifer	11	Santana	
6	Murphy, Isabel	12	Rancho Berna	
7	Harrison, Aliyah	10	Point Loma	
8	Johnson, Ariana	12	Rancho Berna	
9	Gray, McKenna	9	Scripps Ranc	
10	Kulischak, Grace	9	Scripps Ranc	
11	Hoffman, Paris	9	Scripps Ranc	
12	Nguyen, Yenli	9	La Quinta (W	
13	Vergara, Karina	9	La Quinta (W	

Section 2 of 5 Finals

1	MacNeil, Erin	10	Cathedral Ca
2	Bjelland, Jayce	10	University C
3	Sorensen, Megan	11	Westview
5	Foyle, Gabi	11	Cathedral Ca
6	Stahl, Stephanie	11	Rancho Berna
7	Ordonez, Vida	12	Patrick Henr
8	Lipman, Lauren	10	Pacific Ridg
9	Tolbert, Jordan	10	Mt Carmel
10	Bataz, Diana	10	Hoover (Sd)
11	Swick, Rachel	12	Carlsbad
12	Cerveney, Alex	9	Cathedral Ca
13	Vogel, Tara	10	The Bishop's
14	Running, Hannah	10	Patrick Henr
15	Hobbs, Madison	9	Mt Carmel
16	Liou, Kelly	9	Westview
17	Thiros, Lexie	10	Patrick Henr

Section 3 of 5 Finals

1	Rock, Chloe	12	San Dieguito
2	Lyle, Danielle	12	Torrey Pines
3	Ducazau, Alden	10	The Bishop's
5	Hill, Sierra	11	Rancho Berna
6	Kuck, Alyssa	11	Rancho Berna
7	Stone, Bailey	10	University C
8	Bauer, Amanda	11	Poway
9	Cortez, Kori	10	Poway
10	Rietman, Julia	10	El Camino
11	Feldmann, Heather	9	Sage Creek
12	Stotelmyre, Sera	10	The Bishop's
13	Suarez, Jasmin	10	El Camino
14	Fucella, Joy	10	Rock Academy
15	Hitchcock, Angela	11	Cathedral Ca
16	Elmer, Michaela	11	Cathedral Ca
17	Blalock, Allyssa	12	Scripps Ranc

Section 4 of 5 Finals

1	Verfurth, Porter	10	Westview
2	Armstrong, Emily	11	Cathedral Ca
3	Von Borstel, Gaby	12	Serra
4	McIntosh, Michelle	9	Great Oak
5	Swafford, Claire	10	Rancho Buena
6	Martinez, Sarah	12	Escondido
7	Hylton, Cassidy	9	Great Oak
8	Brown, Sienna	10	El Camino
9	Roberts, Lauren	11	La Jolla
10	Cortes, Kate	12	Great Oak
11	Chidgey, Sarah	11	Mt Carmel
12	Thomas, Kelly	11	Great Oak
13	Menchaca, Irian	11	Rancho Buena
14	Verfurth, Dyess	11	Westview
15	Black, Brittany	10	Torrey Pines
16	Grazda, Nicole	10	Mt Carmel
17	Simeroth, Jodi	12	Del Norte
18	Stanford, Shilah	12	University C

**Mt. Carmel Field and Distance
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Section 5 of 5 Finals...(Event 16 Girls 1600 Meter Run Varsi

1	Dorris, Haley	12	Great Oak
2	Miller, Delaney	12	Pacific Ridg
3	Josephson, Carly	10	Patrick Henr
4	T'Kint, Lauren	12	Carlsbad
5	Stinger, Desiree	10	Great Oak
6	Wilson, Jourdan	10	El Camino
7	Mostert, Itza	12	Westview
8	Kloha, Christa	11	Westview
9	Carpenter, Kayden	11	El Capitan
10	Von Musser, Montana	11	Cathedral Ca
11	Larsen, Maiya	11	Great Oak
12	Robinson, Kerenza	10	Mt Carmel
13	Kemper, Marina	12	Torrey Pines
14	Garner, Jacqueline	11	Torrey Pines
15	McGuire, Macenzi	11	Torrey Pines
16	Moody, Kirsten	11	Del Norte
17	Kull, Mackenna	12	Patrick Henr
18	Bierschbach, Kayla	9	Coronado

Event 17 Boys 1600 Meter Run Frosh**Record: 4:41.20 3/2/2013 Cory Vaughn**

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Fountain, Solomon	9	Great Oak
2	Bowen, Wesley	9	Great Oak
3	Chinn, Jarrett	9	Poway
4	Volk, Alexander	9	University C
5	Kesler, Kyle	9	Poway
6	Paul, Simon	9	Mt Carmel
7	Tadeusiak, Hank	9	Cathedral Ca
8	Urbina, Ross	9	San Dieguito
9	Pavan, Adam	9	Mt Carmel
10	Crawford, Moses	9	El Camino
11	Teklay, Samael	9	Hoover (Sd)
12	Robinson, Michael	9	Cathedral Ca
13	Nambu, Noa	9	University C
14	Mitnick, Eli	9	Westview
15	Williams, Everett	9	Carlsbad
16	Kuroiwa, Senri	9	Rancho Berna
17	Miguel, Dionicio	9	Escondido
18	Uriell, John Connor	9	Carlsbad
19	Collier, Max	9	Serra
20	Lopez, Steven	9	Escondido
21	Romano, Anthony	9	Julian High
22	Moats, Ryan	9	Point Loma
23	Persky, Dane	9	Westview
24	Alexander, Chris	9	Serra
25	Flynn, Stephen	9	El Camino
26	Gercke, Jonah	9	Pacific Ridg
27	Santos, Fernando	9	Rancho Berna
28	Duca, Andrew	9	Pacific Ridg
29	Danly, Sami	9	La Jolla
30	Nilsen, Collin	9	Point Loma
31	Ruiz, Antonio	9	Valley Cente
32	Zounes, Matthew	9	San Dieguito
33	Liu, Jett	9	The Bishop's
34	Flagg, Hayden	9	The Bishop's
35	Barr, Alex	9	Scripps Ranc
36	Abeyta, Chris	9	Scripps Ranc
37	Yeh, Ethan	9	Torrey Pines

Mt. Carmel Field and Distance
Mt. Carmel High School
Meet Program - Distance Events

Event 18 Boys 1600 Meter Run Varsity

Record: 4:25.89 3/3/2012 Will Wilde Botta

Lane	Name	Yr	School	Seed Time
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Section 1 of 5 Finals

1	Shin, Samuel	10	Westview	
2	Hutton, Nick	12	Serra	
3	Maas, William	9	Sage Creek	
4	Singler III, James	12	Escondido	
5	Patterson, Jacob	10	Serra	
6	Zorrilla, Daniel	10	Valley Cente	
7	Booker, Blake	11	Cathedral Ca	
8	Downey, Jonathan	11	Cathedral Ca	
9	Mendoza, Nicholas	12	Valley Cente	
10	Leslie, Tanner	10	Rock Academy	
11	Becker, Alex	9	Scripps Ranc	
12	Sidapadi, Gabriel	9	Scripps Ranc	
13	Kulischalk, Jordan	9	Scripps Ranc	
14	Erlenbach, Corey	9	Scripps Ranc	
15	Gorhom, Quinn	9	Scripps Ranc	
16	Rintoul, Thomas	10	Patrick Henr	
17	Worstell, Andres	9	The Bishop's	
19	Philips, Justin	12	Patrick Henr	
20	Padhiar, Dillen	9	La Quinta (W	

Section 2 of 5 Finals

1	Garcia, James	10	Escondido	
2	Cutri, Gabriel	11	Point Loma	
3	Archambault, Ryan	10	Escondido	
4	Lata, Max	10	Rancho Berna	
5	Patterson, Adrian	11	Serra	
6	Doyle, Xander	9	Rancho Buena	
7	Selleck, Jack	12	Patrick Henr	
8	Schatzlein, Owen	10	Poway	
9	Levy, Dillon	12	Cathedral Ca	
10	Banuelos, Gaston	10	Poway	
11	Wright, Matthew	11	Rock Academy	
12	Rasch, Nathan	11	Serra	
13	Robinson, Daniel	9	Cathedral Ca	
14	Takanami, Kei	10	Point Loma	
15	Minnie, Josh	10	El Camino	
16	Tapia, Yeims	11	Escondido	
17	Matias, Alfredo	10	Poway	
18	Ruaburo, Chad	10	El Camino	
19	Molloy, Conrad	10	Point Loma	
20	Jalbuena, Nate	10	Rancho Berna	
21	Sanduebrae, Matthew	10	Rancho Berna	
22	Hanlon, Patrick	9	Sage Creek	
23	Carr, Dustin	10	Serra	

Section 3 of 5 Finals

1	Ryan, Brenner	11	Westview	
2	Diamant, Noah	11	Torrey Pines	
3	Rodriguez, Sebastian	10	University C	
4	Hammershaimb, Ethan	11	La Jolla	
5	Clements, Brady	12	Patrick Henr	
6	Gonzalez, Joseph	11	Mt Carmel	
7	Previte, Brian	12	Poway	
8	Vavra, Shea	10	Escondido	
9	Christe, Kyle	11	University C	
10	Ek, Jacob	9	Great Oak	
11	Miller, Joshua	11	Torrey Pines	
12	Ah Sing, John	11	Point Loma	
13	Rosenfeld, Stephen	11	Westview	
14	Gravelle, William	10	Rancho Berna	
15	Whitney, Erik	11	Poway	
16	Miriyala, Sanak	10	Scripps Ranc	
17	Armenta, Nico	10	Patrick Henr	
18	Christopher, Narayan	10	El Camino	
19	Godines, Patrick	11	Escondido	
20	Cornell, Cameron	12	El Camino	
21	Workman, Eric	11	Westview	
22	Gallegos, Jack	10	University C	
23	Caparas, Tristan	10	Rancho Berna	

Section 4 of 5 Finals

1	Baez, Max	10	Francis Park	
2	Little, Ryan	11	Carlsbad	
3	Culp, Tyler	12	University C	
4	Lenihan, Johnny	12	Cathedral Ca	
5	Ahmad, Alla	12	Torrey Pines	
6	Bates, Cooper	11	Point Loma	
7	Najera, Ryan	12	University C	
8	Hoffman, Ben	12	San Dieguito	
9	DeJong, Frank	11	Escondido	
10	De Loe, Daniel	11	Serra	
11	Navarette, Cristobol	10	Hoover (Sd)	
12	Cruz, Jesus	12	Patrick Henr	
13	Johnson, Noah	10	El Camino	
14	Kilman, Alex	12	The Bishop's	
15	Bellavance, Alex	11	El Capitan	
16	Jameson, Evan	11	Del Norte	
17	Bieraugel, Carson	12	Cathedral Ca	
18	Aliamus, Justin	10	Torrey Pines	
19	Manis, Mitch	11	Del Norte	
20	Good, Michael	12	Westview	
21	Magana, Eduardo	12	Point Loma	
22	Sandstrom, Bailey	10	Mt Carmel	
23	Albritton, John	12	University C	
24	Eipp, Justin	9	Great Oak	

Mt. Carmel Field and Distance
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Section 5 of 5 Finals...(Event 18 Boys 1600 Meter Run Varsity)

1	Cortes, Isaac	10	Great Oak
2	Braude, Tal	12	Torrey Pines
3	Armes, Eirk	11	Coronado
4	Bennett, Victor	12	University C
5	Quintana, Nelson	10	Great Oak
6	Dodds, Spencer	10	Torrey Pines
7	Giba, Patryk	12	Great Oak
8	Aster, Benjamin	12	Rancho Buena
9	Stegman, Robert	11	San Dieguito
10	Misuraca, Evan	11	Westview
11	Emery, Dillon	12	Great Oak
12	Vaughn, Cory	10	El Camino
13	Tibbitts, Matt	10	Great Oak
14	Boffman, Raymond	11	Cathedral Ca
15	Barraugh, Collin	12	Westview
16	Engdaw, Mulugeta	12	Hoover (Sd)
17	Bunch, Tristan	12	Carlsbad
18	Salas, Nathan	12	Patrick Henr
19	Hussen, Awal	10	Hoover (Sd)
20	Hutchinson, James	10	Torrey Pines
21	Murillo, Richard	12	El Camino
22	Sanchez, Robert-Joseph	11	Point Loma
23	Holbel, Paul	11	Del Norte

Event 20 Girls 800 Meter Run Varsity

Record: 2:17.36 2011 Charlotte Kuzminsky

Lane	Name	Yr	School	Seed Time
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Section 1 of 6 Finals

1	Salvador, Virginia	11	Serra
2	Rizzuti, Rachel	12	Rancho Berna
3	Loh, Rachel	9	Mt Carmel
4	Harvey, Alexandra	11	Serra
5	Agojo, Kamila	10	Serra
6	Zuniga, Daisy	10	Serra
7	Balogh, Sydney	9	Rock Academy
8	Hambleton, Tierney	11	Del Norte
9	Jackson, Jordan	11	Del Norte
10	Juarez, Dominique	9	La Quinta (W
11	Nguyen, Yenli	9	La Quinta (W
12	Vergara, Karina	9	La Quinta (W
13	Diaz, Lesly	9	La Quinta (W

Section 2 of 6 Finals

1	Cervený, Alex	9	Cathedral Ca
2	Ireta, Erika	10	El Camino
3	Martinez, Janet	11	Escondido
4	Nguyen, Laura	11	Westview
5	Ortega, Madison	11	Poway
6	Fucella, Joy	10	Rock Academy
7	Thompson, Maya	10	Rock Academy
8	Estrada, Maria	11	Escondido
9	Shelgosh, Taylor	9	El Camino
10	Nguyen, Jennifer	9	Mt Carmel
11	Hernandez, Alex	9	El Camino
12	Briggs, Sarah	12	Mt Carmel
13	Carrico, Kaitlyn	12	Mt Carmel
14	Martin, Chelsea	10	Point Loma
15	Byrne, Erica	11	Torrey Pines
16	Sugiura, Hanae	9	Rancho Berna

Section 3 of 6 Finals

1	Moore, Addie	12	El Capitan
2	Deguerio, Janice	9	Santana
3	Lusky, Katrina	11	Calvin Chris
4	Hager, Emma	12	Torrey Pines
5	Holland, Madison	10	Cathedral Ca
6	Suarez, Jasmin	10	El Camino
7	Sanseverino, Torrey	11	Westview
8	Lopato, Natalie	11	Westview
9	Arias, Jilda	11	Escondido
10	Beachboard, Nicole	10	Torrey Pines
11	Senese, Monica	11	Mt Carmel
12	Coffman, Amy	11	Calvin Chris
13	Esparza, Gaby	10	Rancho Berna
14	Schoenfeld, Daniella	9	Serra
15	Giordano, Jesse	10	Torrey Pines
16	Huber, Faye	10	Point Loma

Section 4 of 6 Finals

1	Sorensen, Megan	11	Westview
2	Schwartz, Katriana	10	Point Loma
3	Schugar, Sofia	11	Torrey Pines
4	Lee, Ariella	9	Poway
5	Powers, Emma	9	Poway
6	Gross, Jamie	12	Del Norte
7	Simmons, Rieko	10	Rancho Berna
8	Hallisey, Ryan	9	University C
9	Toth, Delaney	10	Poway
10	Casey, Emma	9	Poway
11	Moss, Quiana	10	Patrick Henr
12	Smith, Cynthia	9	University C
13	Rietman, Julia	10	El Camino
14	Ronningen, Hannah	10	Mt Carmel
15	MacNeil, Erin	10	Cathedral Ca
16	Towne, Taylor	11	El Capitan

**Mt. Carmel Field and Distance
Mt. Carmel High School
Meet Program - Distance Events**

Section 5 of 6 Finals...(Event 20 Girls 800 Meter Run Varsity)

1	Korby, Emily	12	Great Oak
2	Tran, Tiffany	11	University C
3	Rietman, Makaela	11	El Camino
4	Molstre, Tabitha	9	Great Oak
5	Caeg, Cailin	11	Scripps Ranc
6	Guanuna, Elena	10	Poway
7	Labrie-Smith, Hannah	11	Cathedral Ca
8	Donnelly, Meaghan	10	Torrey Pines
9	Krol, Bridget	12	Cathedral Ca
10	Martinez, Sarah	12	Escondido
11	Schnieder, Samantha	9	Carlsbad
12	Harvey, Syrsha	9	Poway
13	Thiros, Lexie	10	Patrick Henr
14	Parsley, Sara	12	Escondido
15	Huerta, Araceli	12	Escondido
16	Kull, Mackenna	12	Patrick Henr

Section 6 of 6 Finals

1	Fierro, Samantha	12	San Dieguito
2	Wu, Jessica	12	Westview
3	Talpash, Ally	9	Great Oak
4	Wallis, Audrey	11	Great Oak
5	DeBrosse, Sylvie	12	El Camino
6	Arvizu, Victoria	9	Great Oak
7	Seamans, Taylor	11	Torrey Pines
8	Lawson, Taylor	10	Great Oak
9	Pullum, Hallie	11	Point Loma
10	Lopez, Helen	10	Valley Cente
11	Sparks, Laurel	10	Escondido
12	Calegari, Alex	9	Poway
13	Helbig, Michelle	12	Great Oak
14	Von Borstel, Gaby	12	Serra
15	Nelson, Mariel	12	Patrick Henr
16	Talpash, Hannah	12	Great Oak

Event 22 Boys 800 Meter Run Varsity

Record: 1:54.74 3/3/2012 Alexander Monsivaiz

Lane Name	Yr School	Seed Time
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Section 1 of 6 Finals

1	Marcus, John	12	Calvin Chris
2	Wright, Matthew	11	Rock Academy
3	Corona, Alejandro	10	Serra
4	Helali, Jason	10	Torrey Pines
5	Soliz, Eusebio	10	Serra
6	Kanaly, Thomas	9	Santana
7	Leslie, Tanner	10	Rock Academy
8	Lepur, Jakob	9	Santana
9	Srikuman, Nikhil	9	Scripps Ranc
10	Meno, Noah	9	Scripps Ranc
11	Evans, Bryce	9	Scripps Ranc
12	Ruskin, Noah	9	Scripps Ranc
13	Caeg, Peter	9	Scripps Ranc
14	Breden, Mitch	9	Scripps Ranc
15	Armenta, Nico	10	Patrick Henr
16	Padhiar, Dillen	9	La Quinta (W
17	Neal, Tyler	9	Poway
18	Jose, Cody	9	Poway

Section 2 of 6 Finals

1	Cornell, Cameron	12	El Camino
2	Cai, Bradley	12	Del Norte
3	Liker, Noah	12	Poway
4	Kueker, Ryan	9	University C
5	Marroquin, Ramon	12	Serra
6	Baramki-Azar, Naseem	10	Westview
7	Kegler, Jay Jay	10	University C
8	Flynn, Stephen	9	El Camino
9	Gankiewicz, Hans	11	Patrick Henr
10	Roelofsz, Rick	12	El Capitan
11	Folts, Brandon	12	Poway
12	Mull, Henry	11	Poway
13	Szajowitz, Noah	11	Torrey Pines
14	Hatakeyama, Sho	10	Torrey Pines
15	Douwes, Theo	10	Torrey Pines
16	Collier, Max	9	Serra
17	Thomsen, Jordan	9	Calvin Chris
18	Gothan, Carlos	9	El Camino
19	Allen, Jon	11	Torrey Pines

Mt. Carmel Field and Distance
Mt. Carmel High School
Meet Program - Distance Events

Section 3 of 6 Finals...(Event 22 Boys 800 Meter Run Varsity)

1	Stirling, Blue	12	Point Loma
2	Larsen, Matthew	11	University C
3	Takanami, Kei	10	Point Loma
4	Rose, Konner	10	Escondido
5	Hutton, Nick	12	Serra
6	Powers, Ryan	11	Westview
7	Uhl, Jacob	9	Sage Creek
8	Molloy, Conrad	10	Point Loma
9	Minnie, Josh	10	El Camino
10	Nover, John	10	University C
11	Ebrahim, Omar	11	Westview
12	Philips, Justin	12	Patrick Henr
13	Loftus, Ethan	11	Calvin Chris
14	Wood, Austin	11	El Camino
15	Christopher, Narayan	10	El Camino
16	Crawford, Moses	9	El Camino
17	Rasch, Nathan	11	Serra
18	Kadiyala, Abhinav	10	Westview
19	Workman, Eric	11	Westview

Section 4 of 6 Finals

1	Segura, Julio	12	Hoover (Sd)
2	Patterson, Adrian	11	Serra
3	Archambault, Ryan	10	Escondido
4	Vavra, Shea	10	Escondido
5	Corona, Chris	9	Great Oak
6	Martin, Akito	10	Great Oak
7	Reyes, Ricardo	10	The Bishop's
8	Barraugh, Collin	12	Westview
9	Rios, Daniel	12	Patrick Henr
10	Kuroiwa, Fuyuki	9	Rancho Berna
11	Ramirez, Uriel	11	Point Loma
12	Bakker, Mark	11	Calvin Chris
13	De Loe, Daniel	11	Serra
14	Capoocia, Isaiah	11	El Capitan
15	Miguel, Dionicio	9	Escondido
16	Ah Sing, John	11	Point Loma
17	Koyamatsu, Tristan	11	Rancho Berna
18	Nenguke, Tauya	11	Torrey Pines
19	DeMille, Jacob	10	University C

Section 5 of 6 Finals

1	Atchison, Nick	11	Patrick Henr
2	Christofferson, Drew	11	Torrey Pines
3	Binni, George	11	Great Oak
4	Layton, Tanner	10	Carlsbad
5	Takanami, Taku	12	Point Loma
6	Sams, Nick	11	Great Oak
7	Grover, Luke	11	University C
8	Boyd, Ryan	11	Mt Carmel
9	Jones, Ryan	10	Patrick Henr
10	Tufekci, Burak	10	Rancho Berna
11	Stone, Hayden	11	University C
12	Gamberale, Matt	11	Rancho Berna
13	Fite, Aaron	10	Escondido
14	DeJong, Frank	11	Escondido
15	Boyd, Trevor	12	Coronado
16	Perucci, Cody	12	Westview
17	Godines, Patrick	11	Escondido
18	Gilbertson, Reid	12	Patrick Henr
19	Clausen, Derl	12	Rancho Berna

Section 6 of 6 Finals

1	Doan, Nick	11	Great Oak
2	Gleeson, Robbie	10	Great Oak
3	Greer, Bannon	12	Valley Cente
4	Cruz, Jesus	12	Patrick Henr
5	Morton, Derek	12	Mt Carmel
6	Montalvo, Marcus	12	Mt Carmel
7	Good, Michael	12	Westview
8	Ayala, Oscar	12	Great Oak
9	De Long, Garratt	11	Mt Carmel
10	Gomez, Jorge	12	El Capitan
11	Boffman, Raymond	11	Cathedral Ca
12	Salvador, Abner	12	Great Oak
13	Sellers, Ben	11	El Capitan
14	Jimenez, Daniel	12	Escondido
15	Kuzminsky, Jack	12	Torrey Pines
16	Duke, Matthew	12	Point Loma
17	Stofan, Quinn	11	University C
18	Hurtado, Adam	12	El Camino
19	Sedensky, Andrew	12	Point Loma

Mt. Carmel Field and Distance
Mt. Carmel High School
Meet Program - Distance Events

Event 23 Girls 3200 Meter Run Varsity

Record: 11:20.27 2011		Shanoah Souza	
Lane	Name	Yr	School
Section 1 of 2 Finals			
1	Parsley, Sara	12	Escondido
2	Doonan, Taylor	9	Point Loma
3	Jorgensen, Claire	11	Patrick Henr
4	Cady, Vanessa	11	El Camino
5	Martin, Tessa	12	The Bishop's
6	McCann, Shannah	12	Del Norte
7	Fucella, Joy	10	Rock Academy
8	Omahen, Aubrey	12	University C
9	Dessert, JuJu	11	La Jolla Cou
10	Shamblin, Tara	11	Westview
11	Dangelewicz, Jenna	11	Westview
12	Lopez, Dani	9	Cathedral Ca
13	Cruz, Mirella	10	Hoover (Sd)
14	Smotrich, Gabrielle	10	La Jolla Cou
15	DeKalb, Carisa	11	Del Norte
16	Vergara, Diana	12	Hoover (Sd)
17	Moseley, Taylor	9	Sage Creek
18	Canfield, Keegan	9	Sage Creek
19	Arias, Jilda	11	Escondido
20	Martinez, Janet	11	Escondido
21	Tran, Mykim	9	La Quinta (W
22	Thong, Angel	10	La Quinta (W
23	Juarez, Michelle	9	La Quinta (W
24	Huynh, Gloria	10	La Quinta (W
Section 2 of 2 Finals			
1	Helbig, Ashley	12	Great Oak
2	Calain, Christian	12	Great Oak
3	Carpenter, Kayden	11	El Capitan
4	LaSpada, Natalia	11	La Jolla Cou
5	Josephson, Carly	10	Patrick Henr
6	Pflughoft, Macey	11	Great Oak
7	Clause, Emily	10	Great Oak
8	Bagnell, Sara	12	Point Loma
9	Nelson, Mariel	12	Patrick Henr
10	Perry, Annelise	10	Del Norte
11	Breadmore, Kiara	12	Point Loma
12	Stonehouse, Paula	12	Cathedral Ca
13	Cremer, Christine	12	Cathedral Ca
14	Kelly, Ann	11	University C
15	Verfurth, Porter	10	Westview
16	Saake, Serena	12	San Dieguito
17	Huerta, Araceli	12	Escondido
18	Roberts, Lauren	11	La Jolla
19	Von Borstel, Gaby	12	Serra
20	Lyle, Danielle	12	Torrey Pines
21	Black, Brittany	10	Torrey Pines
22	Joel, Anna	11	Mt Carmel
23	Miyoshi, Rina	10	Mt Carmel
24	Navarette, Anadela	10	Hoover (Sd)
25	O'Neil, Katie	11	Patrick Henr

Event 24 Boys 3200 Meter Run Varsity

Record: 9:39.52 3/2/2013		Andrew Mock	
Lane	Name	Yr	School
Section 1 of 2 Finals			
1	Monzon, AJ	10	Valley Cente
2	Frimodig, Jack	10	Torrey Pines
3	Garton, Andrew	11	Torrey Pines
4	Coleman, Claudio	11	Point Loma
5	Cutri, Gabriel	11	Point Loma
6	De Loe, Daniel	11	Serra
7	Sanchez, Daniel	12	Escondido
8	Helgesen, Avery	10	El Camino
9	Myers, Colt	11	El Capitan
10	Daugherty, Jackson	10	La Jolla Cou
11	Nguyen, Andrew	12	Cathedral Ca
12	Lawford, Nick	10	Westview
13	Noel, Nick	11	Westview
14	Dowey, Andrew	11	El Camino
15	Prince, Beau	9	Sage Creek
16	Clause, Declan	9	Great Oak
17	Gallagher, Chris	9	Sage Creek
18	Beatty, Ben	12	Julian High
19	Menzer, Michael	10	Rancho Berna
20	Carr, Dustin	10	Serra
21	Klein, Dylan	9	Sage Creek
22	Aguirre, Samuel	10	Escondido
23	Marroquin, Anthony	12	El Camino
24	Tapia, Yeims	11	Escondido
25	Tunnell, Isaiah	11	Julian High
26	Wright, Matthew	11	Rock Academy
27	Rose, Konner	10	Escondido
28	Patterson, Jacob	10	Serra
29	Steele, John	11	Cathedral Ca
30	Jones, Ryan	10	Patrick Henr
31	Ngo, Cedric	9	La Quinta (W
32	Vu, James	9	La Quinta (W

Mt. Carmel Field and Distance
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Section 2 of 2 Finals...(Event 24 Boys 3200 Meter Run Varsity)

1	Braude, Tal	12	Torrey Pines
2	Robinson, Tony	10	Great Oak
3	Versaci, Nick	12	Rancho Buena
4	Drisko, Cody	12	Carlsbad
5	Siniscalchi, Trevor	11	Westview
6	Tucker, Alex	11	Westview
7	Spencer, Cole	10	Great Oak
8	Halter, Chris	11	The Bishop's
9	Dodds, Spencer	10	Torrey Pines
10	Manis, Mitch	11	Del Norte
11	Graham, Tate	12	Patrick Henr
12	Lenihan, Johnny	12	Cathedral Ca
13	Morales, Cody	12	Poway
14	Junge, Sam	12	San Dieguito
15	Bieraugel, Carson	12	Cathedral Ca
16	Robinson, Sam	11	Mt Carmel
17	Beck, Matt	12	Rancho Berna
18	Couvrette, Tyler	11	Poway
19	Chapman, Nikolas	10	University C
20	Stewart, Jeffery	11	Rancho Berna
21	Bates, Cooper	11	Point Loma
22	Reichner, Aaron	12	Del Norte
23	Hill, Wyatt	11	Rancho Berna
24	Nunez, Cristian	10	Hoover (Sd)
25	Allington, Grant	12	Carlsbad
26	Haile, Sawiros	12	Hoover (Sd)
27	Stumpp, Jeremy	12	Great Oak
28	Magana, Eduardo	12	Point Loma
29	Pacheco-Garcia, Juan	12	University C
30	Hernandez, Miguel	10	Hoover (Sd)
31	Nava, Jordan	11	El Camino
32	Bellavance, Alex	11	El Capitan

Event 25 Girls Distance Medley Varsity**Record: 12:30.10 3/2/2013 Torrey Pines****K O'Connell, T Casella, N Sorensen, T Seamans**

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
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Section 1 of 1 Finals

1	Coronado	A	
	1) Yim, Aeron 11		2) Downey, Hannah 11
	3) Bierschbach, Kayla 9		4) Steffen, Rachel 12
2	Point Loma	A	
	1) Pullum, Hallie 11		2) Huber, Faye 10
	3) Breadmore, Kiara 12		4) Bagnell, Sara 12
3	Canyon Crest	A	
	1) Bernd, Kelly 10		2) Domann, Ava 10
	3) Loren, Kira 9		4) Estess, Nicole 9
4	Great Oak	B	
	1) Molstre, Tabitha 9		2) Ambroziak, Maya 9
	3) Lyon, Hannah 9		4) Rice, Nicole 9
5	Serra	A	
	1) Salvador, Virginia 11		2) Schoenfeld, Daniella 9
	3) Von Borstel, Gaby 12		4) Kuway, Darlin 12
6	Cathedral Ca	A	
	1) Von Musser, Montana 11		2) Armstrong, Emily 11
	3) Foyle, Gabi 11		4) Patel, Ameya 9
7	El Capitan	A	
	1) Moore, Addie 12		2) Biery, Kaylyn 12
	3) Towne, Taylor 11		4) Begin, Taylor 11
8	Patrick Henr	A	
	1) Ordonez, Vida 12		2) Kull, Mackenna 12
	3) Nelson, Mariel 12		4) Running, Hannah 10
9	Rancho Berna	A	
	1) Fuller, Bryanna 11		2) Andino, Ellissya 11
	3) Akins, Nia 10		4) Gonzalez, Sophie 12
10	Poway	A	
	1) Schwartz, Hannah 12		2) Gibbs, Hunter 12
	3) Umsted, Kaitlyn 10		4) Smith, Sophie 12
11	Westview	A	
	1) Kloha, Christa 11		2) Verfurth, Dyess 11
	3) Barrett, Erica 9		4) Wu, Jessica 12
12	Great Oak	A	
	1) Dorris, Haley 12		2) Lawson, Taylor 10
	3) McIntosh, Michelle 9		4) Stinger, Desiree 10
13	Rock Academy	A	
	1) Thompson, Maya 10		2) Marshall, Sarah 10
	3) Newcomb, Veronica 10		4) Fucella, Joy 10
14	Mt Carmel	A	
	1) Gragg, Megan 9		
15	Torrey Pines	A	
	1) Garner, Jacqueline 11		2) Seamans, Taylor 11
	3) McGuire, Macenzi 11		4) Kemper, Marina 12
16	Sage Creek	A	
	1) Canfield, Keegan 9		2) Karaffa, Claire 9
	3) Moseley, Taylor 9		4) Feldmann, Heather 9

Mt. Carmel Field and Distance
Mt. Carmel High School
Meet Program - Distance Events

Event 26 Boys Distance Medley Varsity**Record: 10:26.52 3/2/2013 Carlsbad****J Schaefer, M Kenney, S Martin, C Freeman**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Great Oak	A	
	1) Giba, Patryk 12	2) Quintana, Nelson 10	
	3) Emery, Dillon 12	4) Cortes, Isaac 10	
2	Poway	A	
	1) Jensen, Colin 10	2) Lucas, Brandon 12	
	3) Cassidy, Brendan 11	4) Chintala, Jack 12	
3	Westview	A	
	1) Tucker, Alex 11	2) Perucci, Cody 12	
	3) Good, Michael 12	4) Siniscalchi, Trevor 11	
4	La Jolla Cou	A	
	1) Castillejos, David 12	2) Wong, Darin 12	
	3) Diehr, Julius 11	4) Miralles, Tomas 10	
5	El Capitan	A	
	1) Sellers, Ben 11	2) Gomez, Jorge 12	
	3) Capoccia, Isaiah 11	4) Rettig, Dillion 12	
6	Calvin Chris	A	
	1) Berg, Adam 11	2) Marcus, Brian 11	
	3) Parker, Jonathan 12	4) Bether, Curtis 12	
7	Hoover (Sd)	A	
	1) Sarabia, Victor 12	2) Engdaw, Mulugeta 12	
	3) Hussen, Awal 10	4) Navarette, Cristobol 10	
8	Point Loma	A	
	1) Pullum, Collin 12	2) Sedensky, Andrew 12	
	3) Duke, Matthew 12	4) Sanchez, Robert-Joseph 11	
9	Carlsbad	A	
	1) Williams, Nathan 11	2) Layton, Tanner 10	
	3) Unger, Sean 12	4) Freeman, Kevin 12	
10	Patrick Henr	A	
	1) Cruz, Jesus 12	2) Jones, Ryan 10	
	3) Rintoul, Thomas 10	4) Salas, Nathan 12	
11	Escondido	A	
	1) Jimenez, Daniel 12	2) Redding, Ben 11	
	3) Fite, Aaron 10	4) DeJong, Frank 11	
12	Torrey Pines	A	
	1) Kuzminsky, Jack 12	2) Ahmad, Alla 12	
	3) Dodds, Spencer 10	4) Braude, Tal 12	
13	Canyon Crest	A	
	1) Choe, Kevin 11	2) Muller-Cohn, Aidan 12	
	3) Sanfilippo, Andrew 11	4) Aste, Paul 11	
14	University C	A	
	1) Siegler, Allen 10	2) Timms, Adam 10	
	3) Stofan, Quinn 11	4) Watkins, Grady 11	
15	Point Loma	B	
	1) Ramirez, Uriel 11	2) Takanami, Taku 12	
	3) Takanami, Kei 10	4) Molloy, Conrad 10	
16	Rancho Berna	A	
	1) Clausen, Derl 12	2) Gamberale, Matt 11	
	3) Tufekci, Burak 10	4) Modiano, Alex 10	
17	Great Oak	B	
	1) Dickerson, Kody 12	2) Chiu, Carlos 11	
	3) Greenberg, Brendan 12	4) Combe, Jackson 10	
18	Serra	A	
	1) De Loe, Daniel 11	2) Hutton, Nick 12	
	3) Johnson, Lorenzo 12	4) Patterson, Jacob 10	

19	University C	B
	1) Nover, John 10	2) Grover, Luke 11
	3) DeMille, Jacob 10	4) Gallegos, Jack 10
20	Coronado	A
	1) Leary, Chris 12	2) White, Ben 11
	3) Leary, Jason 10	4) DeLaurentis, Kingston 12
21	Mt Carmel	A