

Mt. Carmel Distance Carnival

March 2, 2013

Event	Time	Athletes ----->			
Boys 4 x 800 (1 team)	12:30	Christen Cromer	Sprint Team	Sprint Team	Sprint Team
Girls 4 x 800 (1 team)	12:15				
Girls Frosh 1600 (1)	12:40	Atkins, Kate	McRee, Alisa		
Girls 1600 (8)	12:50	Bjelland, Jayce	Bennett, Valerie	Tan, Nicole	Stone, Bailey
Boys Frosh 1600 (1)	1:40	Siegler, Allen	Kidman, John		
Boys 1600 (8)	1:50	Bennett, Victor	Le Bras, Sebastian	Culp, Tyler	Christe, Kyle
		Pacheco, Juan	Balicoco, John	Selby, Tyler	Rodriguez, Sebastian
Girls Frosh 800 (1)	2:40	Dayzie, Alaris			
Girls 800 (8)	2:45	Omahen, Alyssa	Fish, Caitlin	Carroll, Katie	Borchardt, Jessica
		Wilson, Kennedy			
Boys Frosh 800 (1)	3:10	Nover, John			
Boys 800 (8)	3:15	Scheidt, Steven	Adam Timms	Watkins, Grady	Nguyen, Andrew
		Kegler, Jay Jay	Larsen, Matthew	Najera, Ryan	Stofan, Quinn
Girls 3200 (4)	3:40	Kelly, Ann	Huffaker, Shelby		
Boys 3200 (4)	4:10	Stone, Hayden	Sherman, Daniel	Gallegos, Jack	Berard, David
Girls DMR (1 team)	4:40	Omahen, Alyssa	Atkins, Kate	Kelly, Ann	Huffaker, Shelby
Boys DMR (1 team)	5:00	Bennett, Victor	Justice Frimpong	Culp, Tyler	Sebastian/Steven
		<i>We can still do some changes on the day of the meet. Don't worry too much.</i>			
		<i>Not Running</i>			
Ortiz-Vasquez, Alex		Lopez, Christian	Chapman, Niko	Volk, Sophi	Alexio, Jady
Phommavongsay, Tavish		Hvidsten, Niels	Cunningham, Daniel	Tran, Tiffany	Adams, Kayleigh
		Maschan, Emily	Allbritton, Jack	Cawdrey, Katy	Mitchell, Lizzy